

PE - Our PE curriculum ensures that our children have a secure understanding of the importance and benefits of exercise whilst also teaching them progressive skills and techniques across a range of disciplines. Purposeful links between PE and science are made.



Within our outdoor curriculum, our children learn to play a range of team games - not limited to but including football, netball, hockey and rugby. They learn individual skills, practise passing with a partner, develop defensive and attacking skills and rules of the different games. They use and apply their skills in full games and matches.



Through our dance curriculum, our children learn to choreograph their own pieces - both individually and in groups - whilst responding to a stimulus such as music or to represent an event. They learn skills and have the opportunity to critique performances - their own and others.



As gymnasts, our children have the opportunity to work individually and in groups to perform and sequence actions. They work at a range of heights and combine floor work with equipment.



Our children attend swimming lessons in order to meet the swimming competency by the time they finish Key Stage Two. We provide additional opportunities for swimming lessons for our weaker swimmers and place a great emphasis on water safety and life-saving swimming skills.



In addition to the PE offered through our curriculum, we also provide wider opportunities for sports development and exercise through our clubs and team sports. The children are offered opportunities to play for school teams as well as joining after-school and lunchtime clubs. We also offer competitive opportunities.



One of our main priorities is to broaden our children's vocabulary. We intend for our children to become vocabulary rich and so we immerse them in appropriate technical vocabulary linked to PE. There is a great range associated with the different disciplines as well as more scientific vocabulary linked to exercise and the associated health benefits.