

**Oak Trees MAT Children’s Challenge**

Every year, we challenge you to complete 10 activities. Take a picture of yourself completing the challenges and then, towards the end of the year, bring the pictures to school and make a collage of the activities.

If you are able to achieve all 10 you will receive a certificate and a badge at our awards ceremony.

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|  |  | Foundation  Challenges | Year 1  Challenges | Year 2  Challenges | Year 3  Challenges | Year 4  Challenges | Year 5  Challenges | Year 6 Challenges |
| Charitable act/a good deed | 1 | Help an adult to tidy your house | Donate old clothes | Bake a cake for someone else | Litter pick | Help an elderly person | Cook tea for your family | Complete a charitable act of your choice |
| Physical activity | 2 | Slide down a slide | Swing on a swing | Have a water fight | Join a club | Play a new sport | Run a km | Attend a sporting event or participate in one |
| Learn a skill | 3 | Zip up your coat | Complete a jigsaw | Make a den (inside or outside) | Learn how to play a card game | Learn to ride a bike or a scooter | Learn to swim | Learn basic 1st aid |
| Speaking and listening | 4 | Tell your teacher about your weekend | Visit a farm/meet a farmer | Try foods from around the world and talk about what you like | Take part in a quiz | Pay for an item at the shop | Complete a presentation about yourself | Be involved in a performance |
| Exploring the environment/nature | 5 | Go on a treasure hunt | Feed the ducks | Have a picnic in a park | Go on a long walk | Phone a family member | Climb a tree | Complete an orienteering challenge |
| Exploring the locality | 6 | Stroll along a Wirral beach | Get a book from a Wirral library | Visit a place of worship | Travel on a train or bus | Visit a local museum | Draw the Liverpool skyline | Create a presentation of your favourite Wirral location |
| Geography/science | 7 | Splash in a puddle! | Measure the weather | Research a famous scientist | Pick fresh fruit | Grow a plant/vegetables | Use a map | To sleep somewhere else other than your bed! |
| Creativity/Arts | 8 | Have your face painted | Create art from nature | Make a dream catcher | Make something from recycling | Make a mini beast hotel | Study an artist | Have a theatre trip |
| Working for a purpose | 9 | Make a class time capsule to dig up in Y6 | Watch fireworks and then make a picture | Write a book review | Enter a competition outside of school | Have a pen pal | Write to a celebrity | Make a book |
| Independence | 10 | Get yourself dressed | Tidy your room | Change your bed | Make a sandwich | Tie your own shoelaces | Make a cup of tea | Have a responsibility |